

Athens Christian Eagle Wrestling
2010-2011
Practice and Competition Attendance Policy

Dear Parents and Guardians,

I am sending this letter home in order to inform you of our practice and match attendance policy so we will not have any confusion. As coaches, athletes, and parents of athletes we have all joined this great sport of wrestling, and in doing so we have all decided to make a great commitment physically, mentally, and with our time to train and compete. I personally assure you this is time well spent in the development of your son. It was once said, "Once you have wrestled, everything else in life is easy." I can assure you, that anyone who has truly dedicated themselves to this sport can say that the quote is very true.

To make sure we all have an understanding of the commitment necessary for proper TEAM and individual growth I have outlined the attendance policy below.

Absentee Policy:

- 3 unexcused absences will result in dismissal from the team
- Missing a practice (excused or unexcused) will result in make-up work consisting of running for 20 minutes for each practice missed. This can be done after practice or before school.
- All running must be completed before the next competition our the athlete will not be allowed to compete.
- A wrestler who knows ahead of time of an absence, must notify the coach ahead of time. Make up running can also be scheduled ahead of time.

Definition of Excused Absence:

- An excused absence from school due to personal illness or family emergency
- Doctors appointment (documentation must be brought to coach from the doctor)
Let the coach know before practice!! It will be considered unexcused without proper documentation.
- Death in immediate family
- Authorized school activity, such as a Wild's Trip. (must be cleared with coach)
- Pre-arranged absences with coach's approval

Holiday practice policy:

- All absences will be considered EXCUSED
- Penalty for missing holiday practice is 30 minutes running
- All running must be made up before being allowed to compete.

Injured Athletes:

All injured athletes are expected to attend practice. This will allow continued learning, and in some cases they can teach, while joining in the fellowship of the team.

Help Class:

- If attending help class check in with your coach first.
- After attending bring a note from the teacher stating the times in the class. (start time and finish time)

Tardiness: Will be handled on an individual bases.

Detention:

- Will be handled on an individual bases
- Each wrestler responsible for getting to practice after serving detention, failure to do so will result in an unexcused absence.

Parents and Guardians,

Please join with the coaches in teaching the young men to be dependable!

“ The greatest ability anybody needs, the average man can have. The greatest ability is dependability; and the greatest ability on earth, even the humblest man (wrestler) can have. Learn to be dependable.” Bob Jones Sr.

Please sign the attached form stating that you have read and understand all of the above policies.

Your child will not be allowed to compete until we have the signed form back in our hands. If you have any questions please email smason@athenschristian.com or jstradley@athenschristian.com.

Thanks and God bless,

Coach Steve Mason
Head Varsity Wrestling Coach

Athens Christian Wrestling
Attendance Policy
Signature Form

“ Turn this into the coaches before you will be allowed to compete!!”

I understand the Athens Christian Wrestling attendance policy and any consequences that may result due to not being at practice.

Parent Signature _____ Date _____

Athlete Signature _____ Date _____