

SUMMER WRESTLING/WEIGHTLIFTING SCHEDULE

-THE SUMMER CALENDAR IS ATTACHED WITH ALL TIMES AND DATES FOR PRACTICES, CAMPS, AND WEIGHTLIFTING.

-ALL VARSITY FOOTBALL PLAYERS WHO WRESTLE ARE EXPECTED TO MAKE IT TO FOOTBALL WEIGHTLIFTING AND THEN ATTEND WRESTLING PRACTICES OR CAMPS.
FOOTBALL WEIGHTLIFTING WILL BE YOUR FIRST PRIORITY!!!!

-ANYONE WHO IS INTERESTED IN ATTENDING THE CAMPS CAN STILL REGISTER. YOU WILL NEED TO CONTACT ME BY EMAIL AT smason@athenschristian.com

- WE HAVE TWO DATES WHEN MADISON COUNTY IS VISITING OUR SCHOOL TO WRESTLE. YOU NEED TO MAKE A COMMITMENT TO BE THERE TO GET VALUABLE MAT TIME. (JUNE 16 AND JUNE 23 FROM 10:30-12:00)

-MAKE A COMMITMENT TO ATTEND AT LEAST 1 OF THE CAMPS AND ALL OF THE WORKOUT/PRACTICE SESSIONS.

HAVE A GREAT SUMMER AND GOD BLESS,

COACH MASON

<u>SUMMER SCHEDULE</u>	<u>WEIGHTLIFTING</u>	<u>WRESTLING</u>
<u>MAY 26, TUESDAY</u>	9:00-11:00	11:00-12:00
<u>MAY 28, THURSDAY</u>	9:00-11:00	11:00-12:00
<u>JUNE 2-4, ACS CAMP</u>	9:00-5:00	FOOTBALL PLAYERS 7AM-9AM
<u>JUNE 8-11, FCA CAMP</u>	ALL DAY & OVERNIGHT	WORKOUT AT CAMP
<u>JUNE 16, TUESDAY</u>	9:00-10:30	10:30-12:00 WITH MADISON COUNTY @ ACS
<u>JUNE 18TH, THURSDAY</u>	9:00-11:00	11:00-12:00
<u>JUNE 23, TUESDAY</u>	9:00-10:30	10:30-12:00 WITH MADISON COUNTY @ ACS
<u>JUNE 25, THURSDAY</u>	9:00-11:00	11:00-12:00
<u>JUNE 29- JULY 5</u>	OFF	OFF
<u>JULY 7,9,14,16,21,23,28,30</u>	9:00-11:00	NONE

HAVE A GREAT SUMMER AND WORK YOUR TAILS OFF!!!!

COACH MASON AND WRESTLING STAFF
smason@athenschristian.com